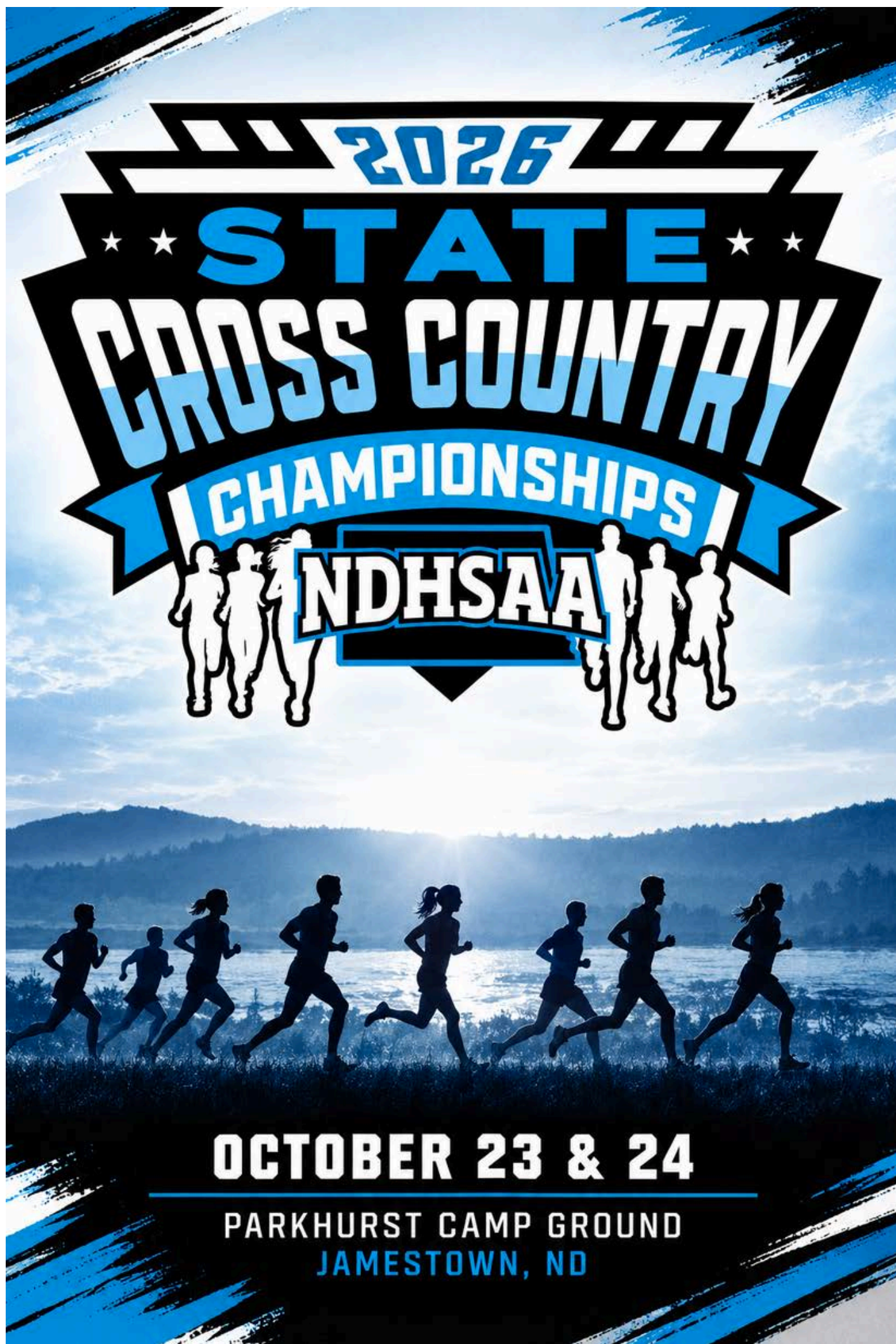




2026

STATE
CROSS COUNTRY

CHAMPIONSHIPS

NDHSAA

OCTOBER 23 & 24

PARKHURST CAMP GROUND
JAMESTOWN, ND



“Elevating the standards of good sportsmanship and encouraging growth through good citizenship”

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Glenburn



Kent Dennis
Minnewaukan



SCHEDULE:

12:00 PM - COURSE OPENS
12:30 PM - COACHES MEETING
2:00 PM - BOYS RACE
2:45 pm - GIRLS RACE
**AWARDS TO FOLLOW*

COURSE MAP

A - START LINE

B - FINISH LINE

P - PARKING



Orthopedics + Sports Medicine

Official Sports Medicine Provider for Blue Jay Athletics

2026
STATE
CROSS COUNTRY
CHAMPIONSHIPS
NDHSAA

CLASS A
★ STARTING BOXES ★

BOYS STARTING BOXES

BOX	TEAM	RUNNERS
1	Davies	10
2	Devils Lake	10
3	Jamestown	6
4	Legacy	10
5	Bismarck	10
6	Minot North	10
7	Turtle Mt. Community HS	3
8	Horace	4
9	Fargo South	10
10	Dickinson	10
11	Century	10
12	Red River	10
13	Watford City	9
14	Williston	10
15	Minot	10
16	Mandan	10
17	West Fargo	9
18	Shanley	6
19	Grand Forks Central	10
20	Sheyenne	10
21	Fargo North	10

GIRLS STARTING BOXES

BOX	TEAM	RUNNERS
1	Fargo North	10
2	Century	10
3	Fargo South	6
4	Davies	10
5	Watford City	7
6	Grand Forks Central	9
7	Sheyenne	10
8	Shanley	10
9	Turtle Mt. Community HS	2
10	Horace	5
11	Minot North	9
12	Minot	10
13	Mandan	10
14	Bismarck	10
15	Williston	10
16	Red River	10
17	Jamestown	10
18	Devils Lake	10
19	Dickinson	9
20	Legacy	10
21	West Fargo	9



FRONT ROW • BOXES 1-21

BOX	TEAM (RUNNER COUNTS)	TOTAL
1	New Town (10)	10
2	Beulah (9), Lisbon (1)	10
3	Hillsboro/Central Valley (8), Mandaree (1), Shiloh Christian (1)	10
4	Kindred (8), Thompson (2)	10
5	Bowman County (7), Kenmare-Bowbells (3)	10
6	Bishop Ryan (6), Des Lacs-Burlington (4)	10
7	Center Stanton (1), Griggs Midkota (4) Southern McLean (Washburn/Wilton/Wing) (5)	10
8	Halton-Northwood (4), May-Port CG (4), Standing Rock (2)	10
9	Langdon Area/Munich (4), Trinity Christian (Williston) (4), Valley City (2)	10
10	Bottineau (5), Central Cass (5)	10
11	Grafton (5), Oak Grove Lutheran (5)	10
12	Rugby (5), Stanley (5)	10
13	Northern Cass (3), Northern Lights (2)	5
14	Dickinson Trinity (5), Ellendale (4)	9
15	Central McLean (1), Garrison (1), Richardton-Taylor/Hebron (2) Sargent Central/Lidgerwood/Oakes (2)	6
16	Enderlin (1), Pembina County North (4)	5
17	Killdeer (3), New Rockford-Sheyenne (1)	4
18	Edgeley/Kulm (2), Hazelton-Moffit Braddock (1)	3
19	Dunseith (1), Four Winds (1), Velva-Drake/Anamoose (1)	3
20	Trenton (1)	1
21	Carrington (3), Max - South Prairie (2)	5

SECOND ROW • BOXES 22-42

BOX	TEAM (RUNNER COUNTS)	TOTAL
22	Grant County/Flasher (3), Harvey/Wells County (1), Tioga (6)	10
23	Beulah (1), Lisbon (9)	10
24	Hillsboro/Central Valley (2), Shiloh Christian (8)	10
25	Kindred (2), Maple River (2), Thompson (6)	10
26	Bowman County (3), Kenmare-Bowbells (7)	10
27	Bishop Ryan (4), Des Lacs-Burlington (6)	10
28	Center Stanton (1), Griggs Midkota (6) Southern McLean (Washburn/Wilton/Wing) (3)	10
29	Halton-Northwood (6), May-Port CG (3), Standing Rock (1)	10
30	Langdon Area/Munich (6), Valley City (4)	10
31	Bottineau (5), Central Cass (5)	10
32	Grafton (5), Oak Grove Lutheran (5)	10
33	Rugby (5), Stanley (5)	10
34	Northern Cass (6)	6
35	Dickinson Trinity (4), Ellendale (6)	10
36	Central McLean (2), Garrison (1), Richardton-Taylor/Hebron (2) Richland (3), Sargent Central/Lidgerwood/Oakes (2)	10
37	Enderlin (5), Pembina County North (5)	10
38	Killdeer (6), New Rockford-Sheyenne (4)	10
39	Edgeley/Kulm (3), Hazelton-Moffit Braddock (1), Lewis and Clark NSP (3) Medina-Pingree-Buchanan (3)	10
40	Dunseith (2), Four Winds (2), Mohall-Lansford-Sherwood (2), Nedrose (2) Velva-Drake/Anamoose (2)	10
41	Parshall (2), Trenton (1)	3
42	Carrington (3)	3



FRONT ROW • BOXES 1-21

BOX	TEAM (RUNNER COUNTS)	TOTAL
1	Hillsboro/Central Valley (9)	9
2	Rugby (9)	9
3	Bottineau (8)	8
4	Bowman County (8)	8
5	New Town (6)	6
6	Central Cass (6)	6
7	Stanley (5)	5
8	Dakota Prairie (1), Valley City (4)	5
9	Enderlin (1), Killdeer (4)	5
10	Kindred (4), Parshall (1)	5
11	Dickinson Trinity (4), Maple River (1)	5
12	Griggs Midkota (3), Mandaree (2)	5
13	Kenmare-Bowbells (4), Standing Rock (2)	6
14	Max - South Prairie (1), Mohall-Lansford-Sherwood (3), Southern McLean (Washburn/Wilton/Wing) (1)	5
15	Harvey/Wells County (3), Thompson (1), Trinity Christian (Williston) (1)	5
16	Langdon Area/Munich (1), Northern Cass (1), Pembina County North (3)	5
17	Hatton-Northwood (2), Hazelton-Moffit Braddock (1), Richland (1)	4
18	Beulah (2), Carrington (2), Grant County/Flasher (1)	5
19	Bishop Ryan (1), Oak Grove Lutheran (2), Shiloh Christian (2)	5
20	LaMoure/Litch-Marion (2), New Rockford-Sheyenne (3)	5
21	Lisbon (2), Northern Lights (1), Sargent Central/Lidgerwood/Oakes (2)	5

SECOND ROW • BOXES 22-42

BOX	TEAM (RUNNER COUNTS)	TOTAL
22	Des Lacs-Burlington (3), Grafton (1), Hillsboro/Central Valley (1), Lewis and Clark NSP (1)	6
23	Central McLean (1), Des Lacs-Burlington (2), Ellendale (1), Medina-Pingree-Buchanan (1), Rugby (1)	6
24	Bottineau (2), Central McLean (1), Des Lacs-Burlington (1), May-Port CG (1), Minnewaukan-Warwick (1)	6
25	Bowman County (2), Des Lacs-Burlington (1), Grafton (1), May-Port CG (1), Nedrose (1)	6
26	May-Port CG (1), New Town (4), Richardton-Taylor/Hebron (1)	6
27	Central Cass (4), New England (1), Richardton-Taylor/Hebron (1)	6
28	Stanley (5)	5
29	Dakota Prairie (1), Valley City (6)	7
30	Enderlin (3), Killdeer (5)	8
31	Kindred (5), Parshall (1)	6
32	Dickinson Trinity (3), Maple River (3)	6
33	Griggs Midkota (5), Mandaree (1)	6
34	Des Lacs-Burlington (1), Grafton (1), Kenmare-Bowbells (1), New England (1), Standing Rock (1)	5
35	Max - South Prairie (1), Mohall-Lansford-Sherwood (4), Southern McLean (Washburn/Wilton/Wing) (5)	10
36	Harvey/Wells County (3), Thompson (7)	10
37	Northern Cass (7), Pembina County North (2)	9
38	Hatton-Northwood (5), Richland (5)	10
39	Beulah (4), Carrington (4), Grant County/Flasher (1)	9
40	Bishop Ryan (1), Oak Grove Lutheran (4), Shiloh Christian (4)	9
41	LaMoure/Litch-Marion (4), New England (1)	5
42	Lisbon (4), Northern Lights (1), Sargent Central/Lidgerwood/Oakes (2)	7

Here's an effective way for you and your community to prevent the
#1 KILLER OF TEENS.



Impact

Teen Drivers

Distracted driving kills teens, so the North Dakota Association of Counties has teamed up with the "Impact Teen Drivers – What Do You Consider Lethal" Campaign with an interactive, high energy program to help teens think about the deadly impact of distractions like texting, reaching for objects or selecting music while driving.

To book this program, please contact:

- No cost, easy-to-use
- For teachers, safety educators, law enforcement and students
- Encourages teens to take a lead in peer-to-peer messaging
- Hour-long assembly or classroom style

ImpactTeens@ndaco.org
Vision Zero Outreach Program

VISION ZERO 

 **NDACo**
NORTH DAKOTA ASSOCIATION OF COUNTIES

what do you consider
LETHAL?



TEAM CHAMPIONS



CLASS A BOYS
BISMARCK HIGH SCHOOL



CLASS A GIRLS
WILLISTON



CLASS B BOYS
BOWMAN COUNTY



CLASS B GIRLS
HILLSBORO/CENTRAL VALLEY



2026 STATE CROSS COUNTRY CHAMPIONSHIPS NDHSAA

INDIVIDUAL CHAMPIONS



CLASS A BOYS
OWEN HINTZ



CLASS A GIRLS
RUBY IHMELS



CLASS B BOYS
OWEN JOHNSON



CLASS B GIRLS
CLAIRE GRINDE



CLASS A BOYS | TEAM ENTRIES

BISMARCK

YR	ATHLETE	SEED
11	Cooper Eberle	16:24.7
11	McKale Askvig	16:40.9
12	Tucker Brown	16:52.0
9	Levi Hovey	17:11.0
10	Jeremiah Four Swords	17:20.4
9	Cade Lardy	17:55.2
9	Nathan Volk	18:26.7
12	Wyatt Cherney	18:43.4
10	Hudson Hintz	18:46.5
10	Keaton Hintz	18:56.9

DICKINSON

YR	ATHLETE	SEED
9	Callen Gelsinger	16:41.7
12	Kaleb Binstock	17:00.9
10	Jason Jones	17:12.4
12	Wyett Jangula	17:37.3
11	Gage Hammond	17:41.3
10	Benjamin Ricks	17:47.0
12	Eli Ash	18:25.8
11	Landon Humenyik	18:57.5
9	Peyton Jangula	19:43.0
11	Alexzander Abernathy	19:45.2

CENTURY

YR	ATHLETE	SEED
11	Hudsen Bullinger	15:43.9
11	Jack Elsberry	15:50.0
11	Hayden Anderson	15:57.6
12	Seamus Kuklok	16:01.8
10	Bracston Kaufman	16:03.0
11	Eli Eberts	16:19.0
11	Devin Reis	16:57.0
9	Lucas Elsberry	17:01.9
11	Quinn Neset	17:21.5
11	Quentin Samuels	17:34.9

FARGO NORTH

YR	ATHLETE	SEED
10	Landon Schneider	17:05.6
10	James Jarvis	17:43.8
10	Soren Christianson	18:07.2
12	David Pochmara	18:18.5
12	Josiah Schoepp	18:29.9
9	Liam Riedinger	19:27.3
10	Henrik Odden-Heide	19:52.4
10	Ashton Hanretty	20:02.4
10	Evan Sandman	20:05.1
9	Matthew Jacobson	20:13.1

DAVIES

YR	ATHLETE	SEED
11	Luka Rout	15:04.9
11	Keagan Thomson	15:50.6
11	Chance Johnson	16:14.6
12	Kaj Naujokas	16:22.8
10	Grady Szczepanski	16:28.3
9	Jack Anderson	16:32.0
10	Jack Brachman	16:49.4
12	Toby Henry	18:00.9
12	Kyler Eichmann	18:20.8
12	Carson Huseby	18:29.3

FARGO SOUTH

YR	ATHLETE	SEED
10	Jackson Smith	17:42.3
11	Rhonin Bjorem	17:49.4
10	Colton Barglof	18:38.7
12	Miles Willey	19:15.4
12	Calvin VanCamp	19:39.2
8	Luke Mehl	19:51.1
10	Alexander Irish	19:56.2
12	Liam Millington	20:00.1
11	Mason Roehl	20:13.4
11	Teagan Peterson	20:46.8

DEVILS LAKE

YR	ATHLETE	SEED
12	Zane Bennett	16:57.3



CLASS A BOYS | TEAM ENTRIES

GRAND FORKS CENTRAL

YR	ATHLETE	SEED
10	Ben Sickler	16:25.2
8	Gage Selby	16:29.3
12	Grant Martin	16:59.7
12	Ty Uhler	17:18.0
9	Ben Sapaugh	17:22.4
10	Calvin Craycraft	18:07.9
9	Blaine Bulger	18:09.6
12	Kaden Sailer	18:17.4
9	Kellan Borboa	18:30.4
12	Jaded Halvorson	18:39.6

HORACE

YR	ATHLETE	SEED
12	Matthew Robinson	17:16.2
9	Dayson Barnett	17:38.7
9	Eli Karjalainen	18:06.4
11	Zevon Sappington	18:09.5

JAMESTOWN

YR	ATHLETE	SEED
10	Tristan Champagne	17:19.9
9	Flynn Wiley	18:07.0
12	Heath Heupel	18:57.9
10	Bryson Corell	19:37.7
9	Drew Brickner	21:13.1
9	William Tyson	21:54.0

LEGACY

YR	ATHLETE	SEED
10	Easton Deede	16:42.1
11	Noah Burke	16:54.4
12	Lucien Horner	16:58.8
11	Chance Wetzel	17:18.2
10	Asher Mehlhoff	17:24.7
11	Deandre Brunelle	17:33.6
12	Lance Wald	17:41.5
10	Hayden Hanzal	17:48.1
11	Hayden Bader	17:50.8
12	Kyjuan Fonder	18:07.1

MANDAN

YR	ATHLETE	SEED
9	Yates White Buffalo	16:10.0
12	Zachary Schanandore	16:41.5
11	Austin Helbling	16:51.8
9	Jaxson Hoechst	17:21.9
12	Jack Sayler	17:30.8
9	Drake Schoellkopf	17:57.0
10	Jacob Schanandore	18:04.6
10	Waylon Fulbright	18:16.0
10	Alexander Miller	18:28.3
12	Bridger Fewson	18:36.1

MINOT

YR	ATHLETE	SEED
10	Beckett Fogarty	17:34.1
10	Tobiah Klingbeil	18:00.7
10	Beck Crouch	18:12.8
12	Xavier Oswald	18:14.4
11	Kade Reister	18:14.7
9	Owen Skjervem	18:19.1
11	Cohen Carlson	18:52.8
11	Grey Ulrickson	19:45.4
10	Conlan Shea	19:52.6
12	Taivin Gourneau	20:14.9

MINOT NORTH

YR	ATHLETE	SEED
12	Jon Folk	17:17.7
12	James Hickman	17:33.2
12	Haydn Chapman	17:37.8
9	Jasper Johnson	18:09.2
9	Kamdyn Mitchell	18:12.4
11	Nicholas Debowey	18:55.7
12	Levon Stai	19:28.4
11	Kalae'o Mendola	19:32.9
12	Jonah Ahrens	19:48.5
10	Holden Stai	19:58.7



CLASS A BOYS | TEAM ENTRIES

RED RIVER

YR	ATHLETE	SEED
12	Cohen Dunnigan	15:56.8
12	Scott Johnson	16:37.1
9	Eben Green	17:17.6
10	Espenn Johnson	17:26.9
11	Kadyn Balkowitsch	17:48.9
10	William Halbritter	17:51.8
9	Giovonni Casetta	18:20.9
11	Oscar Pruitt	18:21.1
10	Zach Shannon	18:45.5
11	Harper Burbank	18:49.3

SHANLEY

YR	ATHLETE	SEED
12	Ethan Erickson	15:32.2
11	Peter Shorma	16:34.8
9	Easton Woods	17:34.6
9	Avery Hansen	17:56.5
8	John Shorma	18:44.5
8	Zayne Spaulding	21:10.1

SHEYENNE

YR	ATHLETE	SEED
12	Devin L' Heureux	17:38.1
11	Lincoln Mielke	17:53.2
10	Nolan Weckman	18:03.0
12	Chase Bruce	18:04.0
12	Abhi Kotala	18:20.2
12	Joshua Suelzle	18:37.6
12	Cameron Sprout	18:40.2
12	Reise Berg	19:03.6
12	Jedidiah Johnson-Thompson	19:29.0
8	Asher Ihry	19:33.3

TURTLE MOUNTAIN COMMUNITY

YR	ATHLETE	SEED
11	Carter Azure	18:11.5
8	Victor Demery	20:44.3
11	Beau Davis	20:51.5

WATFORD CITY

YR	ATHLETE	SEED
12	Dehico Bocanegra Tovar	15:52.9
10	Luke Brown	18:36.9
10	Jace Langerud	18:37.7
10	Camdyn Anderson	19:28.6
7	Casen Thorne	20:25.6
8	Kyron LaPaz	20:48.0
8	Brayden Langworthy	21:18.8
8	Bryson Wagoner	21:26.9
7	Brycen Wood	22:18.2

WEST FARGO

YR	ATHLETE	SEED
11	Chance Stevens	16:56.2
12	Keagan Brown	17:16.9
12	Brennen Krenz	17:51.7
9	Damon Thoreson	18:11.2
9	Aidan Dombek	18:24.4
12	Zane Smith	18:52.5
12	Christian Miller	19:06.0
12	Landon Myrold	19:07.6
11	Easton Serfling	19:47.4

WILLISTON

YR	ATHLETE	SEED
11	Travis Frise	15:48.6
12	Tyler Asprey	16:05.7
10	Cohen Egerman	16:27.9
12	Cooper Ames	16:41.8
10	Maddox Tolman	16:44.8
10	Blaine Harrington	16:53.2
12	Ryland Zander	17:00.4
9	Teegan Hesel	17:15.2
10	Francisco Hernandez	17:31.6
12	Jacob Grunenwald	17:43.3



CLASS A GIRLS | TEAM ENTRIES

BISMARCK

YR	ATHLETE	SEED TIME
12	Izzy Dahl	19:10.7
10	Hannah Hintz	19:19.3
12	Nora Traynor	19:50.5
10	Addison Cherney	20:33.7
12	Teagan Jorgenson	21:24.0
11	Kari Penn	21:38.9
9	Brinley Beck	22:32.0
10	MaKenna Orgaard	23:26.0
7	Mia Snider	23:34.3
7	Everly Binstock	24:03.7

CENTURY

YR	ATHLETE	SEED TIME
12	Ruby Ihmels	16:45.3
10	Audrey Echelbarger	18:21.1
9	Summer Olson	18:34.5
10	Julia Simmers	19:01.8
9	Briella Bullinger	19:20.8
8	Maggie Volk	19:28.6
9	Izabella Bergquist	19:38.7
8	Lyla Wegner	19:42.8
12	Ava Austin	20:09.8
10	Audrey Kildahl	20:40.5

DAVIES

YR	ATHLETE	SEED TIME
12	Brynn Braaflat	18:49.9
10	Brielle Stevens	18:53.4
9	Kaitlyn Ballinger	19:35.2
9	Elaina Melendez	20:09.2
11	Jaden Melendez	21:13.7
11	Ellie Lies	21:21.5
11	Laney Thomson	21:25.9
10	Taylor Potter	22:15.5
12	Kendal Hauck	22:18.8
11	Linnea Burgr	22:21.1

DEVILS LAKE

YR	ATHLETE	SEED TIME
9	Brooklyn Johnson	18:59.8
10	Riley Schmiess	19:11.5
11	Jossalin Carpenter	21:51.2
11	Ella Wass	22:02.9
8	Randi Toso	22:29.7
8	Scarlett Leiphon	22:37.6
12	Elicia Nelson	23:05.6
10	Ealynn Yoder	23:18.7
10	Aubree Kavli	23:32.3
12	Rachel Vaagen	24:07.3

DICKINSON

YR	ATHLETE	SEED TIME
12	Abby Praus	19:36.9
9	Sophie Alejandro	20:03.5
10	Evalyn Kenitzer	20:29.4
12	Claire Wood	21:02.6
10	Lacie Dougherty	21:45.5
10	Joelle Machovsky	22:24.0
11	Erin Martin	22:26.3
11	Morgyn Filipi	22:34.2
12	Baysa Lym	25:54.6

FARGO NORTH

YR	ATHLETE	SEED TIME
8	Emma Kaldor	21:31.2
7	Ina Carlson	21:43.0
11	Isla Melby	21:50.3
11	Lucia Riedinger	22:09.7
11	Sadie Medders	22:21.6
12	Maria Gates	22:31.2
11	Emily Gates	22:38.6
7	Soleil Anderson	22:52.3
10	Judith Burt	23:21.3
8	Felicity Worth	23:23.1

FARGO SOUTH

YR	ATHLETE	SEED TIME
7	Payton Paul	21:47.6
10	Austyn Moore	22:46.3
9	Cora Proulx	23:04.8
7	Finnley Horst	23:35.9
7	Adrienne Walswick	23:42.4
12	Summer Barbot	24:25.7



CLASS A GIRLS | TEAM ENTRIES

GRAND FORKS CENTRAL

YR	ATHLETE	SEED TIME
10	Emmi Ihry	18:55.8
10	Maddie Kuster	19:49.0
10	Phoebe Cokeley	21:33.6
10	Hadley Rosales	22:05.7
10	Paige Fiala	22:33.6
9	Evelyn Craycraft	23:40.9
11	Meadow Rosenau	23:47.9
12	Claire Fiala	23:48.9
10	Khloe Higgins	24:20.3

HORACE

YR	ATHLETE	SEED TIME
9	Ella Petrick	20:01.2
12	Elizabeth Williamson	20:40.4
10	Cambelle Novak	20:54.5
7	Lydia Schanandore	21:00.5
12	Ava Helgoe	23:33.9

JAMESTOWN

YR	ATHLETE	SEED TIME
9	Hattie Fitzgerald	21:18.3
8	Marcella Maus	21:25.0
12	Layna Hoffer	21:36.9
10	Isabelle Maddock	21:44.0
9	Khloe Miller	21:53.5
12	Clara Harms	22:15.3
10	Millicent Maus	23:08.0
8	Rhian Lueck	23:08.1
9	Madilyn Roaldson	23:19.2
9	Brynn Gehlhar	24:44.8

LEGACY

YR	ATHLETE	SEED TIME
9	Kate Woeste	19:53.2
8	Addison Reis	19:54.5
11	Ella Selensky	20:14.9
10	Kaitlyn Mahlum	20:26.6
10	Grace Renner	21:09.5
11	Payton Bless	21:10.2
9	Makenna Axt	21:29.4
11	Kylee Vallejo	22:25.0
11	Josie Remily	23:06.6
11	Zaiya Cullinan	23:24.3

MANDAN

YR	ATHLETE	SEED TIME
8	Hayva Weisbeck	18:01.2
7	Kylee Schanandore	19:56.9
12	Reagan Grubb	20:00.0
11	Ambry Weisbeck	20:29.5
7	Harper White Buffalo	20:37.1
8	Katrina Peterchuk	21:21.4
9	Macy Grubb	21:48.6
10	Hannah Berreth	21:55.5
12	Adrianna Kautzman	21:57.9
12	Ava Rerick	22:00.2

MINOT

YR	ATHLETE	SEED TIME
11	Kaylee Jackson	19:24.5
10	Ainsley McKibben	19:25.0
9	Olivia Andersen	20:25.9
11	Lilli Jundt	20:40.4
9	Kamryn Louser	20:54.2
12	Royce Mesman	21:19.2
12	Sophia Lade	21:51.4
11	Londyn Lauf	21:59.6
11	Grace Burdick	22:40.5
11	Hatti Reinke	23:47.9

MINOT NORTH

YR	ATHLETE	SEED TIME
11	Alyvia Kopp	20:38.2
11	Makenna Jackson	22:05.2
11	Kirsten Sloan	22:39.4
8	Eleanor Ayers	22:57.7
11	Makenna Emery	23:23.9
9	Liesl Chapman	23:57.4
10	Alanna Shaw	24:25.4
11	Zoe Krueger	24:51.7
12	Abigail Aldrich	25:41.7



CLASS A GIRLS | TEAM ENTRIES

RED RIVER

YR	ATHLETE	SEED TIME
8	Peyton Thompson	18:51.6
12	Mattea Green	19:46.9
12	Jocelynn Hoefs	20:50.9
11	Emma Howard	20:53.6
8	Cora Parrill	21:36.6
10	Anne Stefanich	21:57.3
9	Norah Parks	22:18.4
11	Grace Benton	22:20.5
10	Layla Schmitz	22:31.1
9	Mira Gamliel	22:36.7

SHANLEY

YR	ATHLETE	SEED TIME
12	Mykenna Johnson	18:51.6
9	Violet Childress	19:47.4
11	Angelina Olivieri	20:00.8
12	Mary Wolf	20:27.0
12	Elle Bernhardt	20:30.6
9	Hannah Liebl	20:45.8
10	Abby Ahlers	21:05.5
10	Annie Yablonski	21:05.9
9	Reagan Potter	21:18.2
11	Claire Roney	21:29.1

SHEYENNE

YR	ATHLETE	SEED TIME
10	Emmie Fellows	18:53.9
12	Kathryn Madriga	19:07.7
11	Sara Larson	19:26.6
7	Eva Stebleton	19:57.9
8	Abby Scott	21:01.6
8	Claire Bohan	21:02.7
10	Sophie Scott	21:07.1
10	Kiley L'Heureux	21:16.8
8	Tenley Braunagel	21:22.1
8	Tatum Wingenbach	21:27.0

TURTLE MOUNTAIN COMMUNITY

YR	ATHLETE	SEED TIME
9	Paislee Marion	21:05.9
10	Autumn Trottier	22:04.0

WATFORD CITY

YR	ATHLETE	SEED TIME
7	Camryn Wagenecht	19:57.0
9	Philly McCoy	20:26.7
10	Eden Ybarra	20:31.7
12	Paige Schuster	23:21.7
9	Tynlee Fahrman	24:21.7
10	Tylee Thorne	24:36.6
7	Daniela Avila-Vazquez	25:44.8

WEST FARGO

YR	ATHLETE	SEED TIME
11	Grace Duffy	20:43.0
8	Taylynn Narlock	20:56.6
9	Delilah Dockter	20:57.9
10	Ruby Osland	21:45.6
11	Izabel Baku-Elder	22:02.3
11	Samantha Lindgren	22:32.5
8	Hannah Duffy	23:13.6
12	Julie Schoessow	23:14.5
9	Payton Ablemann	24:04.3

WILLISTON

YR	ATHLETE	SEED TIME
12	Cambree Moss	18:33.1
7	Kynslie McCoy	19:29.5
10	Brenly Vigness	19:36.9
10	Finley Ames	19:55.8
8	Sylvia Ditch	20:06.9
9	Brooke Robbins	20:08.0
8	Keira Yost	21:14.1
8	Olivia Norpel	21:34.3
10	Alexa Gorrie	21:45.4
8	Ellie Hering	21:48.6



CLASS B BOYS | TEAM ENTRIES

BEULAH

YR	ATHLETE	SEED
10	Kyrk Schifert	16:53.2
10	Daniel Blackhurst	17:53.4
11	Colton Moch	18:05.1
11	Talon Morsette	18:31.2
11	Owen Ziman	18:46.0
8	Dax Doe	19:19.6
9	Elijah Moch	19:19.8
9	Christian Santini	19:39.7
10	Nathan Egeberg	19:54.0
12	Riley Chapman	21:49.5

BISHOP RYAN

YR	ATHLETE	SEED
10	Grady Keyes	18:34.2
9	Owen Wald	18:36.6
11	Caleb Haverstock	18:59.6
10	Branson Bosch	19:03.4
7	Jaxen Samson	19:44.8
7	Logan Braunberger	19:45.6
7	Kanon Keyes	20:08.4
8	Sutton Dickinson	21:12.6
7	Julian Ost	22:13.3
7	Carter Geinert	22:32.2

BOTTINEAU

YR	ATHLETE	SEED
9	Carson Bremner	18:27.4
10	Greyson Kitzman	18:42.8
11	Mason Lauckner	19:11.9
10	Aeson Kortgaard	19:27.5
12	Kamden Kortgaard	19:45.5
10	Kai Olwage	20:24.6
12	Ben Halvorson	20:29.2
8	Avery Kitzman	21:39.4
8	Drake Crapeau	22:40.4
12	Bryce Saykally	22:56.0

BOWMAN COUNTY

YR	ATHLETE	SEED
12	Warner Bowman	16:02.1
12	Gabe Sarsland	16:23.1
12	Thomas Bowman	17:11.0
12	Zak Njos	17:38.9
8	Alden Wanner	17:46.9
12	Silas Mark	18:25.6
9	Vedder Swanson	19:25.1
11	Jude Maher	20:06.7
7	Brannick Bowman	20:55.2
9	Cason Doerr	21:53.1

CARRINGTON

YR	ATHLETE	SEED
10	Zeke Puenta	17:57.5
9	Chayse Steadmon	18:20.2
9	Kreed Kirkeby	18:33.1
7	Charles Sauby	20:15.6
9	Henry Pavelko	20:48.1
7	Kullen Kovar	22:12.7

CENTER STANTON

YR	ATHLETE	SEED
12	Kyle Albers	18:18.0
12	Kallen Albers	22:26.4

CENTRAL CASS

YR	ATHLETE	SEED
12	Levi Kunze	18:13.1
12	Wesley Overland	18:38.9
9	Brodie Pfingsten	18:59.1
9	Joshua Pfingsten	19:30.2
10	Hudson Kingsley	19:45.8
7	James Diemert	20:45.0
11	Alex Hanson	21:06.2
12	Parker Auka	21:13.2
11	Jayden Hejl	21:33.7
10	Logan Antony	21:36.7

CENTRAL MCLEAN

YR	ATHLETE	SEED
9	Thaddeus Voth	19:11.9
10	Gage Ellis	20:27.0
9	Evan Haseleu	22:48.4

DES LACS-BURLINGTON

YR	ATHLETE	SEED
12	Zayden Grover	18:20.3
10	Chase Wittse	18:59.1
11	Owen Hanson	19:08.3
11	Cale Roedocker	19:41.5
9	Kolby Fern	20:01.2
12	Josh Frazier	20:07.0
11	Henry Schaefer	20:27.2
10	Conner Evenson	20:33.8
11	Easton Hansen	20:36.2
12	Collin Abernathy	20:45.7

DICKINSON TRINITY

YR	ATHLETE	SEED
11	Dominique Heupel	17:49.5
10	Joseph Ellerkamp	19:05.0
10	Bentley Kubas	19:18.5
9	Thomas Murtha	19:30.2
9	Jace Weidner	19:42.6
11	Jack Amann	20:01.0
12	Benjamin Ellerkamp	20:44.1
10	Curtis Stoltz	21:45.6
8	Becket Emter	22:29.4

DUNSEITH

YR	ATHLETE	SEED
10	Tank Davis	19:43.5
12	Tatem Poitra	20:00.3
10	Khale Lambert	21:31.5

EDGELEY/KULM

YR	ATHLETE	SEED
10	Parker Huber	18:45.0
12	Braden Brandenburg	19:21.8
11	Zack Zottnick	21:23.3
10	Miles Jangula	22:38.7
7	Reece Jangula	22:39.6

ELLENDALE

YR	ATHLETE	SEED
12	Eli Wagner	17:59.6
12	John Blondo	19:10.1
12	Ethan McBride	19:47.7
11	Max Lematta	19:51.2
9	Daxton Cotter	20:13.9
11	Samuel Hawker	20:53.0
9	Alex Lematta	21:40.4
12	Samuel Reis	21:44.5
8	Owen Seelye	22:20.7
9	Noah Klipfel	22:36.3

ENDERLIN

YR	ATHLETE	SEED
9	Rylan Ness	18:50.9
9	Ryker Gilbert	20:12.7
10	Camden Archbold	20:47.3
8	Ryder Bouman	22:18.4
9	Mylo Fitterer	22:23.4
8	Carter Loughman	22:57.3

FOUR WINDS

YR	ATHLETE	SEED
9	Aiden Charboneau	18:42.0
11	Ayden Jackson	20:20.1
10	Issac Wegener	20:32.6

GARRISON

YR	ATHLETE	SEED
9	Peyton Collom	19:32.5
9	Gavin Schmidt	22:23.3

GRAFTON

YR	ATHLETE	SEED
11	Jonathan Presteng	18:35.9
9	Cameron Meyer	18:56.0
9	Noah Narloch	19:41.8
7	Henri Lamoureux	19:42.4
7	Bjom Larson	19:44.3
12	Gryphon Gray	20:01.5
10	Logan Rutherford	20:21.5
9	Roree Pastorek	20:47.2
12	Ethan Hurst	21:22.8
7	Christian Holt	22:33.6

GRANT COUNTY/FLASHER

YR	ATHLETE	SEED
11	Jayce Zimmerman	20:26.8
11	Mikkel Ostenson	22:02.0
12	Malachi Meyer	22:29.4



CLASS B BOYS | TEAM ENTRIES

GRIGGS MIDKOTA

YR	ATHLETE	SEED
10	Riley Schudar	17:39.4
9	Jacob Stokka	19:15.3
8	Mason Bauer	19:27.4
8	Titus Coombs	19:38.5
12	Payden Becherl	20:08.2
10	Bentley Barclay	21:23.8
9	Blake Heinz	21:31.6
8	Luke Campbell	21:35.8
9	Alfred Eggermont	21:38.0
8	Josiah Graber	21:42.2

HARVEYWELLS COUNTY

YR	ATHLETE	SEED
9	Benjamin Weckerly	20:26.2

HATTON-NORTHWOOD

YR	ATHLETE	SEED
9	Bodey Love	17:17.7
10	Grady Larson	18:28.6
12	Riley Love	18:51.9
10	Berni Draxton	19:24.1
9	Cody Draxton	20:14.1
10	Luke Fultz	20:16.9
7	West Mutchler	20:53.0
12	Caden Brissette	21:26.5
7	Louis Domres	21:47.6
11	Mark Cochrane	22:05.8

HAZELTON-MOFFIT BRADDOCK

YR	ATHLETE	SEED
12	Aidan Shea	18:53.7
10	William Small	20:54.0

HILLSBORO/CENTRAL VALLEY

YR	ATHLETE	SEED
7	Dylan Grinde	17:44.4
9	Owen Holte	18:41.1
11	Ryland Carlson	18:41.5
11	Mason Mueller	19:05.7
10	Bridger Longthorne	19:10.1
8	Asher Smallbeck	19:25.8
11	Carter Dufner	19:32.9
8	William Simonson	19:38.6
8	Logan Burger	20:09.7
11	Ben Nelson	20:41.1

KENMARE-BOWBELLS

YR	ATHLETE	SEED
12	Eli Anderson	17:12.0
10	Philip Ankenbauer	17:15.5
12	Mario Sosa	19:17.0
8	Connor Petersen	20:02.0
10	Tygen Michalenko	20:24.0
9	Jackson Wettstein	20:30.9
10	Lleyton Spear	20:46.0
8	Emet Anderson	20:52.0
10	Gregory Jensen	21:01.2
11	Cameron Peterson	21:10.4

KILLDEER

YR	ATHLETE	SEED
11	Ritz Barcena	19:44.2
8	Sam McCrone	19:44.3
9	Cinch Smith	19:49.8
11	Jayden Kuntz	20:39.6
12	Jacob Jaggi	20:54.2
11	Holden Hausauer	21:10.0
9	Nolan Grant	21:20.8
9	TJ Reems	21:23.4
11	Vade Samms	22:04.8

KINDRED

YR	ATHLETE	SEED
12	Tyler Gronwald	16:21.6
7	Dawson Hoy	17:29.4
12	Cade Westby	17:29.4
9	Jonathan Morris	17:42.7
12	Braydon Roberts	18:21.0
10	Zytavren Charley	18:32.0
11	Gavin Swenson	18:59.0
7	Turner Westby	19:26.4
9	Lloyd Prien	21:39.6
7	Mavrick Wilson	22:51.3

LANGDON AREA/MUNICH

YR	ATHLETE	SEED
9	Prestyn Bodnar	18:37.5
11	Ty Rambang	19:14.7
10	Tyler Borgen	19:46.0
11	Kaleb Foster	19:58.9
11	Logan Mackall	20:04.2
10	Chase Girodat	20:09.0
12	Noah Foster	20:14.3
8	Termer Askvig	20:51.2
10	Dyson Askvig	21:09.5
7	Raiden Wagner	22:11.5

LEWIS AND CLARK NSP

YR	ATHLETE	SEED
9	Delmer Crowsbreast	21:59.2
8	Oscar Braaflat	22:10.2
None	Camden Lee	22:14.0

LISBON

YR	ATHLETE	SEED
12	Carson Qual	18:04.8
11	Micah Froemke	20:00.9
12	Ethan Weigelt	20:22.0
11	Sawyer Froemke	20:24.0
12	Blake Qual	20:41.0
8	Rivers Rondestvedt	21:10.4
7	Braxton Carlblom	21:17.6
9	Michael Baxter	21:28.5
10	Harvey Worthy	22:30.9
7	Gavin Guleson	22:53.8

MANDAREE

YR	ATHLETE	SEED
11	Morgan Fettig	16:41.0

MAPLE RIVER

YR	ATHLETE	SEED
12	Micah Thompson	20:12.2
9	Jakob Kleven	22:04.7

MAX - SOUTH PRAIRIE

YR	ATHLETE	SEED
10	Ryder Erickson	18:50.8
11	Malachi Pixler	18:57.9

MAY-PORT CG

YR	ATHLETE	SEED
9	Ethan Perkins	18:24.0
11	Liam Marquardt	18:26.9
12	Wyatt Perkins	18:58.5
11	Bricker Johnson	19:30.5
12	Aaden Aarsvold	20:33.7
11	Cain Johnson	21:44.1
8	Jack Kornkven	22:46.9

MEDINA-PINGREE-BUCHANAN

YR	ATHLETE	SEED
11	Carter Schlecht	20:13.3
9	Jackson Brenner	21:08.9
7	Micah Brenner	22:40.8

MOHALL-LANSFORD-SHERWOOD

YR	ATHLETE	SEED
9	Caleb Bratvold	21:06.2
9	Asher Thompson	22:16.1

NEDROSE

YR	ATHLETE	SEED
8	Brantley Bachmeier	22:23.0
8	Travis Ihli	22:52.0

NEW ROCKFORD-SHEYENNE

YR	ATHLETE	SEED
10	Gabe Smith	16:50.2
10	Seth Greiner	20:15.2
7	Bentley Triebold	21:51.3
9	August (Auggie) Meier	22:19.4
9	Theodore Hall	22:29.7

NEW TOWN

YR	ATHLETE	SEED
10	Kade Lambert	16:08.1
12	Tekoah Hood	17:04.2
9	Brycen Bell	18:07.8
10	Sean Lyson	18:24.8
10	Creedance Fox	18:27.6
11	Tracy Lyson	18:51.2
8	Greyson Luger	19:20.7
8	Dane Young Bird	19:27.4
11	Shylo Baker	19:40.4
8	Clarky Knight	19:41.0



CLASS B BOYS | TEAM ENTRIES

NORTHERN CASS

YR	ATHLETE	SEED
9	Isaac Bush	18:35.1
10	Carter Larson	19:03.5
8	Easton Platz	19:52.5
9	Declan Miller	20:21.3
8	Colin Gresh	20:21.7
9	Owen Steinberger	20:28.8
11	Elijah Olson	20:37.3
8	Aiden Davis	21:04.4
8	Tayte Abrahamson	22:10.7

NORTHERN LIGHTS

YR	ATHLETE	SEED
8	Owen Delorme	19:12.8
10	Aaron Houle	19:36.0

OAK GROVE LUTHERAN

YR	ATHLETE	SEED
11	Aiden Och	17:14.6
11	James Chaffee	17:24.4
8	Hayes Chaffee	17:52.7
10	Louis Dawson	18:57.7
12	Max Glynn	19:57.6
8	Brolin Rath	20:10.2
12	Andre Berlin	20:48.5
12	Connor Phillips	21:56.6
12	Pierce Thomsen	22:03.0
12	Aidan Saunders	22:08.4

PARSHALL

YR	ATHLETE	SEED
12	Kingston Foote	21:39.7
9	Coming Cloud Perkins	21:41.1

PEMBINA COUNTY NORTH

YR	ATHLETE	SEED
11	Nash Fitzsimonds	17:34.0
10	Micah Crosby	18:30.9
10	Ethan Kendell	18:36.6
8	Nolan Pelletier	18:52.2
8	Lincoln Wright	21:14.5
9	Easton Gruenberg	21:14.8
10	Joseph Wright	22:06.0
12	Kawika Dopun	22:36.4
8	Colton Volk	22:44.7

RICHARDTON-TAYLOR/HEBRON

YR	ATHLETE	SEED
12	Tracy Aune	19:12.0
9	Bentley Paulson	19:56.1
8	Zayden Heck	21:46.1
11	Uriyah Dakken	22:06.3

RICHLAND

YR	ATHLETE	SEED
8	Max Seilstedt	20:09.3
8	Owen Roth	22:31.2
10	River Hawes	22:42.9

RUGBY

YR	ATHLETE	SEED
12	Brayden Green	16:51.8
12	Brayden Herman	18:36.0
12	Austin Duchscher	18:42.2
8	Oakley Benson	18:58.0
9	Ben Herman	19:59.4
8	Kale Walter	20:26.6
7	Luke Schmaltz	20:29.2
11	Erik Mahle	20:44.0
9	Malic Kirchofner	20:51.0
9	Isaiah Schaan	22:22.7

SARGENT CENTRAL/LIDGERWOOD/OAKES

YR	ATHLETE	SEED
12	Samuel Krause	17:18.5
9	Reese Hogness	19:59.3
8	Michael Goerger	20:11.7
8	William Busch	21:54.0

SHILOH CHRISTIAN

YR	ATHLETE	SEED
9	Eli Hatlestad	17:47.1
7	Porter Banta	20:03.8
9	Jacob Krull	20:18.7
7	Shaymus Vetter	21:04.4
9	Jordan Halder	21:09.1
11	Jacob Engen	21:19.0
7	Crew Klein	21:19.4
7	Romin Geloff	21:20.8
8	Jacob Bieber	22:13.7

SOUTHERN MCLEAN (WASHBURN/WILTON/WING)

YR	ATHLETE	SEED
10	Daniel Neumiller	16:38.5
7	Jace Dworshak	18:10.9
8	Theron Arbach	18:26.6
11	Easton Kugler	18:52.2
8	Colt Biesterfeld	19:39.3
9	Julius Schaan	20:30.8
10	Valerio Hernandez	21:18.1
9	Peyton Auer	22:28.7

STANDING ROCK

YR	ATHLETE	SEED
10	Jesse McLaughlin	17:51.0
12	Kerry Red Bird	19:48.8
10	Aidan Spotted Horse	22:44.8

STANLEY

YR	ATHLETE	SEED
9	Payton Harper	18:39.2
12	Logan Longmuir	18:54.6
11	Hugh Jackson	19:23.5
9	Trent Bohrer	19:29.2
9	Larson Fjeldahl	19:52.7
8	Isaak Longmuir	20:01.6
12	Kolton Longmuir	20:06.4
7	Chance Drosdal	20:24.8
8	Dylan Guerrero	20:25.6
7	Marshall Fjeldahl	21:17.5

THOMPSON

YR	ATHLETE	SEED
8	Charles Norby	18:28.8
11	Drevin Setness	18:53.9
8	Walker Swenson	21:20.5
11	Caleb Snyder	21:22.0
7	Hudson Willis	21:48.7
10	Levi Luther	22:11.3
11	Logan Swenson	22:11.5
11	Evan Gores	22:31.7

TIOGA

YR	ATHLETE	SEED
9	Jaxon Keller	20:22.2
9	Diego Guevara	21:19.4
9	Leland Dennis	21:27.2
9	Alejandro de la Rosa	21:54.3
12	Dwayne Declaro	22:02.4
8	Tayton Rice	22:03.1

TRENTON

YR	ATHLETE	SEED
10	Ethan Clarys	18:57.3
11	Cullin Hughes	20:01.3

TRINITY CHRISTIAN (WILLISTON)

YR	ATHLETE	SEED
12	Levi Hartman	18:33.4
10	Colter Smith	19:33.3
10	Tristan Miller	19:54.5
8	Daniel Crosby	19:56.8

VALLEY CITY

YR	ATHLETE	SEED
12	Elijah Drummond	18:01.2
12	Adrian Rivera	19:46.7
10	Cooper Peterson	20:11.2
8	Sullivan Peterson	20:27.9
9	Carter Coghlan	20:49.4
10	Austin Anderson	21:15.4

VELVA-DRAKE/ANAMOOSE

YR	ATHLETE	SEED
10	Walter Holt	18:28.9
12	Alex Leier	21:15.6
10	Conrad Gjellstad	22:33.4



CLASS B GIRLS | TEAM ENTRIES

BEULAH

YR	ATHLETE	SEED
9	Zoey Brown	22:41.2
10	Vienna Tolosky	22:55.7
8	Aspen Helm	23:25.0
12	Paige Elliott	23:45.7
8	Hayden Barth	24:05.3
8	Jaylee Fox	24:12.4

BISHOP RYAN

YR	ATHLETE	SEED
11	Sage Feininger	19:58.8
7	Marin Sorum	23:48.5

BOTTINEAU

YR	ATHLETE	SEED
11	Makayla Campbell	20:39.5
11	Marie Sand	20:47.8
10	Macey Simpson	21:03.8
12	Tessa Guariglia	21:04.2
10	Sylvia Grenier	21:16.6
7	Hailey Nelson	21:51.2
9	Eden Thorenson	22:07.0
9	Maleah Schubert	22:37.9
9	Reagan Fett	23:58.9
12	Zuri Olwage	25:32.4

BOWMAN COUNTY

YR	ATHLETE	SEED
9	Ericka Berg	19:08.0
11	Anna Sarsland	19:19.3
11	Jordyn Honeyman	19:52.1
10	Jaylee Fischer	19:55.4
9	Aspen Brewer	20:05.9
8	Abigail Burke	20:47.2
9	Claire L. Erickson	22:43.7
11	Hadyn Hlebechuk	22:56.8
7	Trinity Brown	23:00.2
9	Avery Burke	23:07.0

CARRINGTON

YR	ATHLETE	SEED
11	Macy Fiebigler	20:52.8
9	Anna VanRay	22:49.0
	None Zelda Yuja	23:20.3
12	Molly Fiebigler	24:33.4
9	Paige Fiebigler	24:41.4
7	Ayvah Puente	24:43.3

CENTRAL CASS

YR	ATHLETE	SEED
7	Kollyns Lorenz	20:18.4
10	Sophia Faleide	20:24.6
11	Eva Garman	21:35.3
9	Alaina Peterson	22:00.4
9	Adlee Hicks	22:16.3
9	Annie Burchill	22:50.6
9	Dee Pedersen	23:08.0
7	Ali Hanson	23:08.6
7	Riley Gunkel	23:17.9
12	Anna White	23:33.8

CENTRAL MCLEAN

YR	ATHLETE	SEED
10	Eleanor Carlson	23:48.6
11	Kensley Ruffo	25:54.5

DAKOTA PRAIRIE

YR	ATHLETE	SEED
9	Hadley Strand	22:24.5
9	Amaya Brueckner	25:12.5

DES LACS-BURLINGTON

YR	ATHLETE	SEED
12	Divinity Denton	23:41.1
11	Roslin Greene	23:41.4
11	Nora Anderson	23:56.1
7	Anna Haugen	25:01.5
9	Taylor Carstens	25:30.5
8	Vivy Anderson	25:40.4
7	Julia Castillo	25:44.6
7	Daisy Zietz	25:53.8

DICKINSON TRINITY

YR	ATHLETE	SEED
11	Carley Bullinger	19:18.7
11	Celine Lefor	20:30.9
7	Bailey Evoniuk	21:54.0
8	Evelyn Ebach	22:45.6
12	Ellie Spradling	23:52.6
7	Gabrielle Heidecker	24:03.6
9	Gwyneth Murtha	25:45.2

ELLENDAL

YR	ATHLETE	SEED
8	Nora Simonsen	23:14.8

ENDERLIN

YR	ATHLETE	SEED
11	Jana Olson	22:11.6
7	Harlen Klosterman	24:20.8
7	Austyn Ness	25:22.4
7	Averie Geske	25:56.5

GRAFTON

YR	ATHLETE	SEED
11	Kyza Heck	23:37.2
7	Haley Eng	23:52.3
7	Adeline Aichele	24:22.7

GRANT COUNTY/FLASHER

YR	ATHLETE	SEED
8	Savara Hoff	21:36.0
10	Esther Sprenger	25:31.0

GRIGGS MIDKOTA

YR	ATHLETE	SEED
11	Caridee Eberhardt	21:04.2
7	Rebecca Maertens	21:57.2
7	Brynn Twedt	22:03.9
9	Maddy Maertens	23:03.7
8	Emily Frohms	23:32.1
11	Emily Maertens	23:51.5
10	Bella Dramstad	25:39.3
8	Macy Skjeret	25:53.1

HARVEY/WELLS COUNTY

YR	ATHLETE	SEED
8	Brinley Heilman	20:09.7
12	Addison Yates	21:58.7
9	Raeonna Steichen	22:46.0
7	Abby Casserly	23:20.6
7	Dayvah Fortney	24:01.6
8	Londynn Schneibel	25:01.2

HATTON-NORTHWOOD

YR	ATHLETE	SEED
11	Andriya Weber	21:51.9
11	Jenna Groven	22:12.8
7	Briar Janzen	23:42.6
8	Abigail (Abby) Schadler	23:57.6
8	Lucy Reinhart	25:19.9
11	Ariana Spinei	25:26.2
12	Renae McLean	25:55.9



CLASS B GIRLS | TEAM ENTRIES

HAZELTON-MOFFIT BRADDOCK

YR	ATHLETE	SEED
8	Lucy Shea	21:26.0

HILLSBORO/CENTRAL VALLEY

YR	ATHLETE	SEED
9	Claire Grinde	17:21.7
9	Caroline Anderson	18:35.0
8	Kayla Moch	19:16.3
12	Lily Kaldor	19:53.3
12	Kimber Walker	20:26.8
7	Emma Nagel	20:36.4
11	Azlynn Johnson	20:45.3
10	Mallory Kloster	22:17.0
9	Jade Habeck	22:37.5
10	Meghan Moch	23:43.3

KENMARE-BOWBELLS

YR	ATHLETE	SEED
9	Tenley Michel	20:57.9
9	Taley Michel	22:04.7
10	Ayla Anderson	22:51.3
11	Addie Nelson	22:59.4
8	Bianca Sagness	23:49.7

KILLDEER

YR	ATHLETE	SEED
9	Kate Martinez	21:31.9
8	Avery Linseth	21:35.3
12	Hailey Klym	21:40.6
8	Harper Hausauer	22:05.4
7	Madison Helfrich	23:33.1
7	Lyla Martinez	24:34.2
9	Hadley Hausauer	24:57.8
10	Samantha Schaper	25:01.8
11	Brylee Mossett	25:41.5

KINDRED

YR	ATHLETE	SEED
9	Nevaeh Roberts	21:51.8
10	Keisha Murphy	22:04.0
7	Marie Roberts	22:29.4
7	Kendall Gronwold	22:37.2
9	Morgan Sahr	23:22.9
12	Emma Strand	24:19.5
12	Jocelyn Beyer	24:19.7
9	Cora Nielsen	24:29.3
9	Rachel Strand	25:50.4

LAMOURE/LITCH-MARION

YR	ATHLETE	SEED
11	Lulu Loegering	18:33.3
7	Luella Loegering	21:45.2
10	Kaitlyn Severance	24:39.4
11	Pia Peddycord-Contreras	25:18.6
8	Toni Wald	25:20.1
12	Ella Isaacson	25:32.8

LANGDON AREA/MUNICH

YR	ATHLETE	SEED
12	Olivia Lorenz	21:57.2

LEWIS AND CLARK NSP

YR	ATHLETE	SEED
12	Shelbie Myers	25:25.0

LISBON

YR	ATHLETE	SEED
12	Ellery Qual	21:27.0
11	Adaleene Hansen	22:13.9
10	Tian Zerface	23:18.7
7	Tacy Fridrych	23:34.5
8	Norah Gillespie	25:18.9
10	Kaydence Golding	25:58.7

MANDAREE

YR	ATHLETE	SEED
8	Amiah Deville	20:41.0
7	Kadence Ranger	22:54.5
11	Cora Mann	23:14.2

MAPLE RIVER

YR	ATHLETE	SEED
9	Selah Burchill	22:18.4
9	Sophie Thompson	24:21.3
12	Tirzah Burchill	24:48.8
11	Liv Satrom	25:33.8

MAX - SOUTH PRAIRIE

YR	ATHLETE	SEED
12	Alysa Rice	22:35.0
9	Abigail Whiteowl	25:00.4

MAY-PORT CG

YR	ATHLETE	SEED
9	Evie Satrom	23:03.9
9	Holly Palmer	24:51.5
10	Keely Garrett	25:27.4

MEDINA-PINGREE-BUCHANAN

YR	ATHLETE	SEED
7	Savannah DeVore	25:24.3

MINNEWAUKAN-WARWICK

YR	ATHLETE	SEED
8	Micka Arlante	25:29.7

MOHALL-LANSFORD-SHERWOOD

YR	ATHLETE	SEED
10	Bristol Rice	21:19.7
11	Alli Strand	21:23.2
10	Taryn Rice	22:37.1
8	Florentina Porcello	24:25.6
8	Kailey Scott	25:39.4
7	Rosangelia Porcello	25:42.6
12	Natalina Porcello	25:45.5

NEDROSE

YR	ATHLETE	SEED
10	Ava Sveet	23:24.8

NEW ENGLAND

YR	ATHLETE	SEED
9	Abby Binstock	24:19.1
12	Kara Roll	24:36.4
8	Patti Kathrein	25:29.1

NEW ROCKFORD-SHEYENNE

YR	ATHLETE	SEED
9	Elise Guler	22:10.0
9	Liza Steele	22:20.0
7	Leah Steele	22:29.4

NEW TOWN

YR	ATHLETE	SEED
7	Hadley Drosdal	21:19.0
11	Shayla Hogan	21:25.5
10	Victoria Hale	21:30.6
8	Parker LeBeau	21:57.0
10	Cedar Fitzsimmons	22:00.2
12	Eva Knight	22:09.9
7	Zemira Hogan	23:34.5
11	Inaani Wilson	23:39.6
11	Adriene Johnson	23:51.0
10	Starla McIntosh	24:36.6



CLASS B GIRLS | TEAM ENTRIES

NORTHERN CASS

YR	ATHLETE	SEED
12	Annabel Steinberger	22:09.7
12	Stella Halvorson	23:07.2
12	Kaylee Reinbold	23:14.6
9	Hadley Matthys	23:39.6
8	Cora Erickson	25:19.0
10	Brielle Sinclair	25:25.2
9	Jocelyn Volk	25:25.2
7	Holdyn Matthys	25:36.9

NORTHERN LIGHTS

YR	ATHLETE	SEED
12	Naomi Brien	21:34.7
12	Emma Houle	23:37.9

OAK GROVE LUTHERAN

YR	ATHLETE	SEED
9	McKinley Och	20:22.7
8	Vivienne Rygh	21:11.7
10	Kailyn Vesey	23:14.5
11	Maci Atchison	24:00.1
9	Sidney Qualley	24:45.8
8	Morgan Atchison	25:22.0

PARSHALL

YR	ATHLETE	SEED
10	Haydyn Chase	20:06.8
8	Nevaeh Packineau	24:17.3

PEMBINA COUNTY NORTH

YR	ATHLETE	SEED
12	Shirley Kemp	20:51.4
10	Maci Puppe	20:55.7
12	Emersen Helgoe	21:13.8
10	Emma Seng	24:07.4
8	Grayci Symington	24:58.7

RICHARDTON-TAYLOR/HEBRON

YR	ATHLETE	SEED
12	Joelle Bartow	23:16.0
9	Aleena Torres	24:17.7

RICHLAND

YR	ATHLETE	SEED
11	Ina Gauslow	22:11.2
7	Brynne Olson	23:15.9
7	Sara Clark	23:30.1
10	Laiken Allen	23:47.7
8	Avery Berndt	24:30.5
10	Evangeline Roth	25:34.8

RUGBY

YR	ATHLETE	SEED
10	Allie Monroe	20:07.0
12	Evyn Jacobson	20:28.4
7	Hayleigh Haman	20:36.9
9	Katelyn Shively	21:01.4
9	Aubrie Schmaltz	21:07.7
11	Kathryn Kuntz	21:10.0
12	Keyara Lundstrom	21:28.0
8	Harper Leier	21:33.6
12	Mauvlyn Kirchofner	22:33.3
7	Kallie Harmel	23:04.3

SARGENT CENTRAL/LIDGERWOOD/OAKES

YR	ATHLETE	SEED
9	Gianna Frolek	19:54.9
7	Aspyn Frank	21:35.7
10	Julia Mahrer	23:30.3
11	Ava Frolek	23:47.6

SHILOH CHRISTIAN

YR	ATHLETE	SEED
10	Irelyn Duffy	21:30.3
7	Lydia Burdette	22:45.8
12	Ava Maulding	23:03.3
10	Kassidy Johnson	23:29.1
7	Olivia Duffy	23:30.8
10	Rosabell Winfield	24:42.3

SOUTHERN MCLEAN (WASHBURN/WILTON/WING)

YR	ATHLETE	SEED
8	Marissa Hruby	22:44.3
9	Ciarra Steinert	23:47.0
7	Martha Hernandez	23:49.8
8	Auggy Jaeger	24:09.7
7	Adlyn Neumiller	24:17.2
11	Lacy Seidler	25:44.2

STANDING ROCK

YR	ATHLETE	SEED
12	Briauna Thompson	18:56.4
8	Evie Bradley	19:42.5
10	Liberty Driver	23:09.9

STANLEY

YR	ATHLETE	SEED
10	Jessy Roise	21:09.7
12	Annie Roise	21:10.4
7	Charley Reum	21:33.2
7	Henzlie Longmuir	21:53.5
8	Mya Anderson	22:42.8
10	Rio Detienne	23:10.2
9	Hadley Reum	24:05.1
7	Holly Schow	24:28.2
11	Teigan Moe	24:36.8
9	River Detienne	24:51.4

THOMPSON

YR	ATHLETE	SEED
11	Ella Herrig	22:14.8
8	Theresa Haman	23:15.1
12	Alexa Gauderman	24:10.2
12	Cadence Swenson	25:09.8
12	Kiera Willis	25:28.4
8	Taylee Williams	25:28.5
10	Adley Brown	25:32.1
9	Sophie Willis	25:44.1

TRINITY CHRISTIAN (WILLISTON)

YR	ATHLETE	SEED
8	Laney Smith	22:48.7

VALLEY CITY

YR	ATHLETE	SEED
12	Cadence Fetsch	20:08.0
7	Lola Lagein	22:01.9
9	Camdyn Kappenman	22:45.5
9	Rachel Drummond	22:58.3
10	Addison Fetsch	23:14.2
7	Kiara Oberlander	24:25.2
9	Lainey Elston	24:50.9
9	Katherine Russell	24:59.1
11	Claire Hass	25:06.3
9	Maya Van Bruggen	25:29.7



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